

Planning 2026/2027

Salle 1

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
14h			Oriental-Bollywood (9/13 ans)		
15h			Street dance/K-Pop (8/12 ans)		
16h			Break Dance (6/10 ans)		
17h			Break Dance (11/15 ans)		
17h30	Street Dance/K-Pop (10/14 ans)	Street Dance/K-Pop (5/7 ans)		Zumba [®] Kid (6/10 ans)	
18h30	Zumba [®] Step	Zumba [®]	Zumba [®] Step	Zumba [®]	Pole Dance (Niv 1 - 18h)
19h30	Oriental - Bollywood (Adultes Ts nvx)	Souplesse	Reggaeton (Ts nvx)	Girly (Ados/Adultes)	Pole Dance (Niv 2 - 19h)
20h30	Street Dance/Commercial (Niv 1)	Floorwork	Bachata (Niv 1/1+)	Heels (Niv 2)	Pole Dance (Niv 3 - 20h)

Salle 2

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
14h			Modern Jazz (8/12 ans)		
15h			Modern Jazz/ Fusion 'Contempo' (Ados)		
16h			Oriental - Bollywood (Ados)		
17h30		K-Pop/ Commercial (8/12 ans)	Pilates Ball/ Stretching	Éveil à la Danse (3/5 ans)	
18h30	Kizomba (Niv 1)	Cabaret/Broadway (Solo mixte)	Pilates	K-Pop/New Style (Ados/Jeunes adultes)	Dancehall (Ts nvx - 18h)
19h30	Bachata (Niv 2/3)	West Coast Swing (Niv 1)	Rock (Niv 1)	Street Dance/New Style (Ts nvx/Adultes)	Heels (Niv 1 - 19h)
20h30	Kizomba (Niv 2/3)	West Coast Swing (Niv 2/3)	Rock (Niv 2/3)	Modern Jazz/ Fusion 'Contempo' (Ts nvx/Adultes)	Girly (Ts nvx - 20h)
					Urban Heels (Ts nvx - 21h)

Salle 3

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
18h					Salsa (Niv 1)